

Good Test-Taker Strategies

Strategies to remember to help you through a test

1 Positive Attitude

It might be tough, but you can do it!
A good attitude goes a long way.

2 Relax

If you feel nervous, relax your mind. Take a deep breath, stretch your legs, and think about something that makes you happy.
Try your test again!

3 ME Only!

Don't worry about others.
Focus JUST on yourself.
Don't worry if others finish before you.

4 Focus, Focus, Focus

Focus on the question you are reading.
Try not to day dream or goof around.

8 Prepare Your Body

Get a good night's sleep the night before and eat a healthy breakfast.

7 Get Un-Stuck

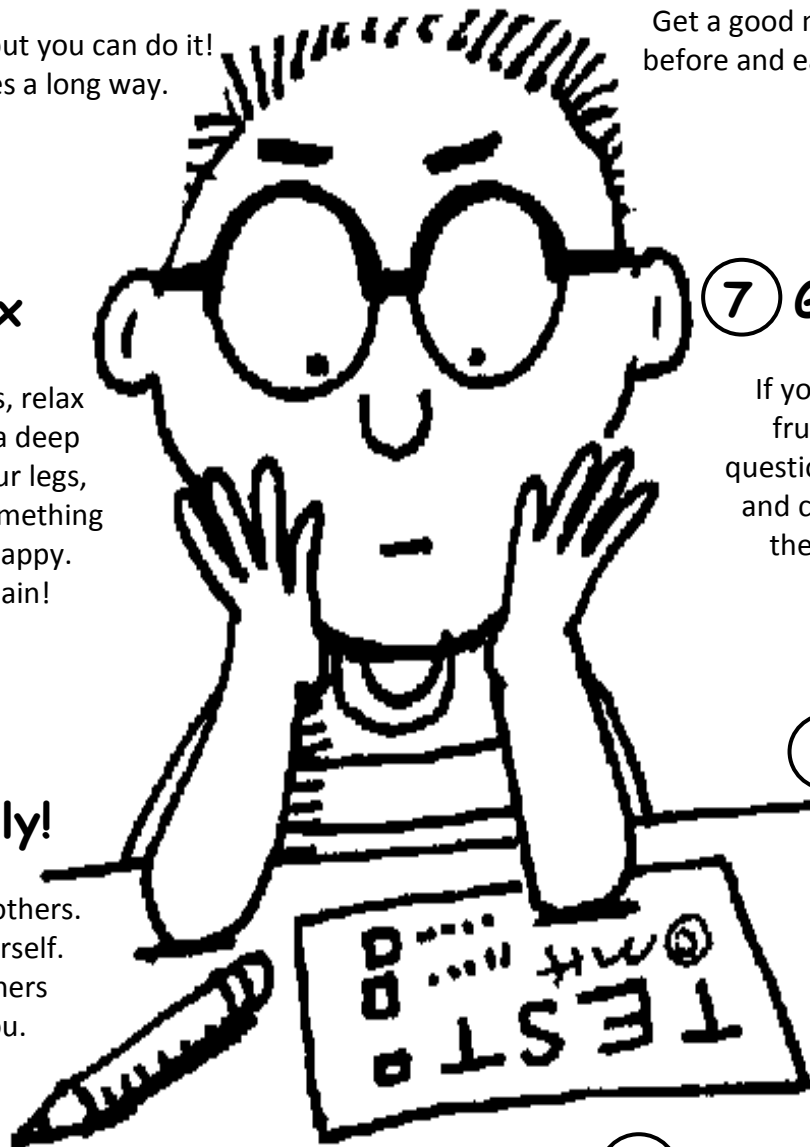
If you get stuck, don't get frustrated. Reread the question. If you need, circle it and come back later. Make the best guess you can.

6 Go Slow

Read directions slowly and carefully for each question.

5 Do Your Best

Make sure you are doing your best work on your test. Think clearly, read carefully, and put forth your best effort.



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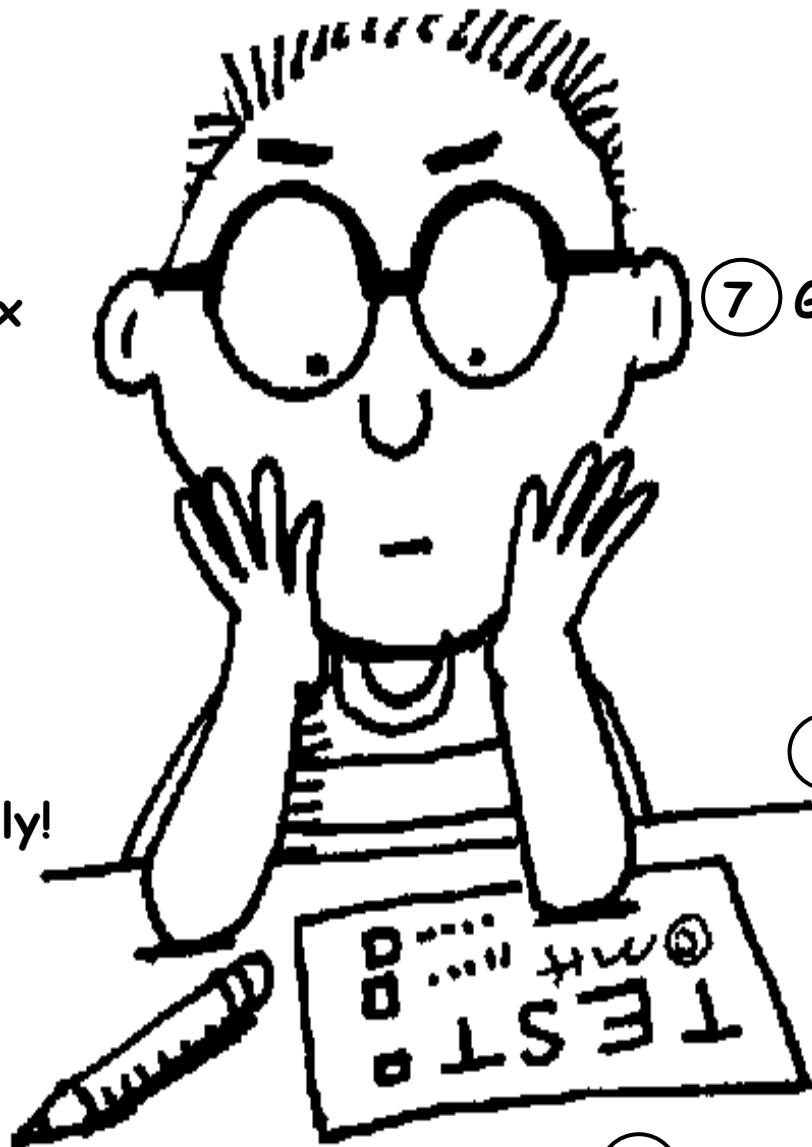
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